

# Family History Questionnaire

## 1. The history of parents and grandparents:

- "Tell me about your parents' lives."
- "What can you tell me about your grandparents' lives?"
- (Inquire about their lives before and after marriage, including important events in their life, their childhood, education, occupation, ethnic and religious background. If they leave out a parent or grandparent, inquire about them)

## 2. Early childhood (before school):

- "What do you know about yourself as a baby."
- "What was your mother's pregnancy like?"
- "Were there any family stories or jokes about what you were like as a child?"
- "What are your earliest childhood memories?"
- "What do you remember or know about major early events in your life - like eating habits, walking, talking, and toilet training?"
- "Were there any stresses in your family at that time?"

## 3. School Years:

- "What were your early years in school like?"
- "Do you remember the very first day of school?"
- "How did you do at school work through the years?"
- "What were your relationships like with your teachers and schoolmates?"
- "Who were your friends and what sorts of things did you do with them?"

## 4. Adolescence:

- "What was your adolescence like?"
- "How was your social and school life at that time?"
- "When did you mature sexually, and what was that time of your life like for you?"
- "What was your relationship with your friends like at that time?"
- "What was your relationship with your family at that time?"
- "When did you start to date, and what were those relationships like?"

## 5. Adult Life (including college):

- "What has been important about your adult life?"
- "What have your adult relationships with friends and co-workers been like?"
- "What has your relationship with your (husband/wife, fiance, boyfriend/girlfriend) been like?"
- "What types of jobs have you worked at, and what did you think about those jobs?"
- "What was college like for you?"
- "What hobbies or other interests do you have?"

## 6. Family Information (if you didn't already get this info):

- "What has your family been like over the years."
- "Tell me about your brothers and sisters" (age, education, marital status, their relationship with the interviewee)
- "How would you describe the personalities of the people in your family?"
- "What role did each parent take in raising you?"
- "Were there any emotional problems in the family, or conflicts between family members?"
- "Did your family ever move? What was that like?"
- "What is the ethnic background of your family?"
- "What has been your religious upbringing, and your attitudes about religion?"
- "Describe your own family." (relationship with children, how children relate to each other and spouse, typical activities, etc.)